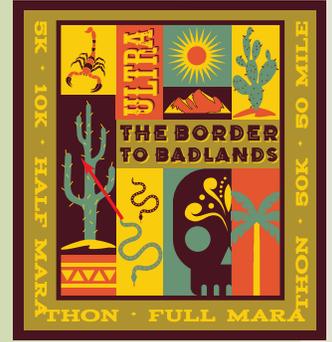




AID STATION



START/FINISH

MIDDLE FORK TRAIL

Seminole Canyon State Historical Park

THE 5K RUN

5K - LOOP 1 time

Mile markers are not to scale.



CANYON RIM TRAIL

O GRANDE TRAIL

